

**Mid-Atlantic Championships**  
**Sun National Bank Center - Trenton, NJ**  
**February 25, 2012**

The tentative competition times are as follows:

**GLITTER: Partial Travel Mini Level 1:**

Warm-up Time: 8:14 AM

Competition Time: 9:04 AM

*All team members must be at the competition by 7:00 AM*

**GLITZ: Partial Travel Large Youth Level 1:**

Warm-up Time: 7:34 AM

Competition Time: 8:24AM

*All team members must be at the competition by 7:00 AM*

**GLAMOUR: Partial Travel Large Senior Level 2:**

Warm-up Time: 12:30 PM

Competition Time: 1:20 PM

*All team members must be at the competition by 11:30 AM*

**PIAZZ: South Mini Level 1:** (Exhibition)

Warm-up Time: 9:22 AM

Competition Time: 10:12 AM

*All team members must be at the competition by 8:00 AM*

**INTENSITY: South Small Youth Level 1:**

Warm-up Time: 7:50 AM

Competition Time: 8:40 AM

*All team members must be at the competition by 7:00 AM*

**VELOCITY: South Senior Level 3:**

Warm-up Time: 10:10 AM

Competition Time: 11:00 AM

*All team members must be at the competition by 9:00 AM*

**SPARKLE: Youth Level 2:**

Warm-up Time: 10:14 AM

Competition Time: 11:04 AM

*All team members must be at the competition by 9:00 AM*

**A-Team: Small Senior Level 2:**

Warm-up Time: 12:46 PM

Competition Time: 1:36 PM

*All team members must be at the competition by 11:30 AM*

**POWER: Junior CoEd Level 3:**

Warm-up Time: 12:10 PM

Competition Time: 1:00 PM

*All team members must be at the competition by 11:00 AM*

**RADIANCE: Senior Level 4:**

Warm-up Time: 7:38 AM

Competition Time: 8:28 AM

*All team members must be at the competition by 7:00 AM*

**FORCE: Small Senior Level 5:**

**Warm-up Time: 12:34 PM**

**Competition Time: 1:24 PM**

**All team members must be at the competition by 11:30 AM**

**AWARDS for ALL DIVISIONS are at 2:15.**

Driving Directions to Sun National Bank Center:

1. Merge onto I-81 S toward WILKES BARRE. (go 9.0 miles)
2. Merge onto PA-315 S via EXIT 175A toward PENNA TURNPIKE/PITTSTON. (go 0.4 miles)
3. Take the I-81 N/I-476 ramp toward PENNA TURNPIKE. (go 0.0 miles)
4. Take the ramp toward TOLL ROAD/PENNA TURNPIKE/CLARKS SUMMIT/ALLENTOWN. (go 0.5 miles)
5. Merge onto I-476 S toward I-276/ALLENTOWN (Portions toll). (go 94.9 miles)
6. Merge onto I-276 E/PENNSYLVANIA TURNPIKE toward NEW JERSEY (Portions toll). (go 17.7 miles)
7. Take the US-1 exit, EXIT 351, toward PHILADELPHIA/TRENTON. (go 0.6 miles)
8. Merge onto US-1 N via the exit on the LEFT toward I-95 N/MORRISVILLE (Crossing into NEW JERSEY). (go 12.9 miles)
9. Take the exit toward RT-29. (go 0.1 miles)
10. Turn LEFT onto FERRY ST. (go 0.4 miles)
11. Turn RIGHT onto S BROAD ST/US-206. (go 0.0 miles)
12. Turn LEFT onto HAMILTON AVE/CR-606. (go 0.0 miles)
13. 81 HAMILTON AVE is on the RIGHT. (go 0.0 miles)

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B) 81 Hamilton Ave, Trenton, NJ 08611-1805 US  
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>> TOTAL ESTIMATED TIME: 2 hours 24 minutes | DISTANCE: 138.06 miles

**UPDATED INFORMATION FROM CHEER LTD:**

**Parking:** The facility has a parking deck that charges \$7 to park in there. If you know of a different place you would like to park- you may. If you are bringing a BUS, Parking is \$14.

**Team Entrance:** Please bring all of the teams to **GATE A**. Coaches and Cheerleaders/Dancers are ONLY allowed at this entrance. **After teams are registered, please direct them to sit in the arena seating in sections 104-107. These are the only sections that teams may sit in to help open as much space for spectators. Please report to these sections upon arriving and look for your team members/coaches.**

**Admission:** \$10/adult, 10 years and younger are free. The **ticket gate area is at Gate B and Gate C**. These are the only gates where spectators can enter! **Doors open at 7 AM** and the facility will be working the gate area. They will not let you in the doors before 7 am for spectators. They will work as quickly to get all of the spectators though. We are expecting a FULL house this weekend, and so please plan accordingly. **DO NOT SHOW UP 5 MINUTES BEFORE THE PERFORMANCE THAT YOU WANT TO WATCH- YOU WILL MISS IT!!!** Admission is **CASH ONLY!** They do not have an ATM accessible at the gate, so please plan accordingly. The Sun National Bank Arena will be handling the gate area. I do know that parents like to bring their young cheerleaders in with them, but since the gates are different for cheerleaders than it is for spectators- please have your parents pick up their admission passes at gates B or C and then bring their child to Gate A if the facility personnel does not let them go in.

**SPECTATORS:** Photography and videos are allowed, but only from spectator seating. **NO filming or photos from the coach's area or the performance area!**

**Venue Concessions** (t-shirts, etc.) will be available for purchase.

**Arrival Information:** All Athletes should report on time, no later than their teams specified arrival time, in full uniform with hair and make-up complete. Coaches use the time from the arrival time to the performance time for the process of getting the girls ready – there is no time for doing hair, make-up, getting something to eat, shopping, etc. We ask that all parents and athletes be sensitive to the schedule and plan your trip accordingly.

Please report to your coach upon arriving; you will be given instructions on where to meet the rest of your team.

## Preparations:

**ABSOLUTELY NO JEWELRY OR PIERCINGS OF ANYKIND ARE PERMITTED AND MUST BE REMOVED BEFORE YOU MEET WITH YOUR TEAM. NO EXCEPTIONS!**

**Please remove all nail polish before arriving at the competition.**

**Hair:** For this competition we will be wearing our hair **curly and all pulled back in a ponytail**. Please double pony your ponytail, (use 2 ponytail holders to create a high ponytail, one on top of the other) and wear your pony on the TOP but towards the crown of the head.

Bows should be worn facing forward. Please bobby pin the tails of the bow toward the front of your head.

**Make-up:** Apply the eye shadow color along your lid and then lightly dust with the shimmer powder, continuing out to the surrounding parts of the eye. Please refrain or limit your use of glitter. All girls must wear red lipstick. No other color is permitted. Please have this applied before you meet your team to prevent having to share lipsticks. Blush, eyeliner, mascara are permitted and can be used at your discretion, however, please remember the look should not be overdone and should be age appropriate.

**ACADEMY FAMILIES & FRIENDS: Please be sure to wear to your Navy, Columbia Blue, and Silver!!!**

If you have any questions during your trip, please call any of the following coaches:

Chrissy Cherundolo: cell 570-815-3073

Tressa Bargella: cell 570-241-1573

Joanne Para: cell 570-241-4806

Nikki Picache: cell 570-575-4067

Tim Feagles: cell 330-554-7310

Nicole Rogers: cell 570-335-2484

Ann Osmanski: cell 570-760-0390

*Please have a safe trip! GO...ACADEMY!!!*

**Tentative Competition Schedule attached.**

## Soffe Mid-Atlantic Open Championships PRE-PERFORMANCE ROTATION

Panel	CHECK IN / WARM UP (10 min)	STUNT MAT A (8 min) EXTRA!	STUNT MAT B (8 min) EXTRA!	SPRING TUMBLE STRIP A (8 min)	SPRING TUMBLE STRIP B (8 min)	FULL CHEER FLOOR (4 min)	ON DECK	PERF. TIME	DIV.	Team Name	Team #	
A	7:10 AM	7:20 AM		7:30 AM		7:40 AM	7:45 AM	8:00 AM	S1	Landslides / South Jersey Storm	20	
B	7:14 AM		7:24 AM		7:34 AM	7:44 AM	7:49 AM	8:04 AM	J4	Sabres / Evolution All Stars	18	
A	7:18 AM	7:28 AM		7:38 AM		7:48 AM	7:53 AM	8:08 AM	J1	Bobcats / Evolution All Stars	11	
B	7:22 AM		7:32 AM		7:42 AM	7:52 AM	7:57 AM	8:12 AM	J4	Earthquake / South Jersey Storm	25	
A	7:26 AM	7:36 AM		7:46 AM		7:56 AM	8:01 AM	8:16 AM	J1	NJ Heat All Stars	9	
B	7:30 AM		7:40 AM		7:50 AM	8:00 AM	8:05 AM	8:20 AM	S4	OPEN		
A	7:34 AM	7:44 AM		7:54 AM		8:04 AM	8:09 AM	8:24 AM	LY1	Glitz / All-Star Cheer Academy	24	
B	7:38 AM		7:48 AM		7:58 AM	8:08 AM	8:13 AM	8:28 AM	S4	Radiance / All-Star Cheer Academy	31	
A	7:42 AM	7:52 AM		8:02 AM		8:12 AM	8:17 AM	8:32 AM	LY1	Frost / South Jersey Storm	22	
B	7:46 AM		7:56 AM		8:06 AM	8:16 AM	8:21 AM	8:36 AM	S4	Magic Cheerleading	30	
A	7:50 AM	8:00 AM		8:10 AM		8:20 AM	8:25 AM	8:40 AM	SY1	Intensity / All-Star Cheer Academy	16	
B	7:54 AM		8:04 AM		8:14 AM	8:24 AM	8:29 AM	8:44 AM	S4	Rocket Elite	32	
A	7:58 AM	8:08 AM		8:18 AM		8:28 AM	8:33 AM	8:48 AM	SY1	Rocket Elite	20	
B	8:02 AM		8:12 AM		8:22 AM	8:32 AM	8:37 AM	8:52 AM	JHH	Dynamite / Factor Allstars	6	
A	8:06 AM	8:16 AM		8:26 AM		8:36 AM	8:41 AM	8:56 AM	SY1	Moonbeams / World Cup All Stars	12	
B	8:10 AM		8:20 AM		8:30 AM	8:40 AM	8:45 AM	9:00 AM	OHH	Jersey Lightning All-Stars	10	
A	8:14 AM	8:24 AM		8:34 AM		8:44 AM	8:49 AM	9:04 AM	M1	Glitter / All-Star Cheer Academy	17	
B	8:18 AM		8:28 AM		8:38 AM	8:48 AM	8:53 AM	9:08 AM	SC4	Jersey Pride Cheer Gym	23	
A	8:22 AM	8:32 AM		8:42 AM		8:52 AM	8:57 AM	9:12 AM	M1	Jersey Pride Cheer Gym	13	
B	8:26 AM		8:36 AM		8:46 AM	8:56 AM	9:01 AM	9:16 AM	SC4	Panthers / Evolution All Stars	32	
A	8:30 AM	8:40 AM		8:50 AM		9:00 AM	9:05 AM	9:20 AM	M1	Sparklers / Factory Allstars	8	
B	8:34 AM		8:44 AM		8:54 AM	9:04 AM	9:09 AM	9:24 AM	SC4	Cyclones / South Jersey Storm	20	
A	8:38 AM	8:48 AM		8:58 AM		9:08 AM	9:13 AM	9:28 AM	M1	Rising Stars / Premier Stars All-Star Cheerleading	14	
B	8:42 AM		8:52 AM		9:02 AM	9:12 AM	9:17 AM	9:32 AM	S4.2	Rocket Elite	29	
A	8:46 AM	8:56 AM		9:06 AM		9:16 AM	9:21 AM	9:36 AM	M1	Magic Cheerleading	20	
B	8:50 AM		9:00 AM		9:10 AM	9:20 AM	9:25 AM	9:40 AM	S4.2	OPEN		
A	8:54 AM	9:04 AM		9:14 AM		9:24 AM	9:29 AM	9:44 AM	M1	Microbursts / South Jersey Storm	14	
B	8:58 AM		9:08 AM		9:18 AM	9:28 AM	9:33 AM	9:48 AM	S4.2	Vortex / South Jersey Storm	27	
A	9:02 AM	9:12 AM		9:22 AM		9:32 AM	9:37 AM	9:52 AM	M1	Supernovas / World Cup All Stars	23	
B	9:06 AM		9:16 AM		9:26 AM	9:36 AM	9:41 AM	9:56 AM	S4.2	Jersey Pride Cheer Gym	17	
A								9:45 AM	10:00 AM		<b>BREAK</b>	
B								9:49 AM	10:04 AM		<b>BREAK</b>	
A	9:18 AM	9:28 AM		9:38 AM		9:48 AM	9:53 AM	10:08 AM	EXHIBITION	Baby Blizzards / South Jersey Storm	6	
B	9:22 AM		9:32 AM		9:42 AM	9:52 AM	9:57 AM	10:12 AM	EXBN	Pizazz / All-Star Cheer Academy	14	
A	9:26 AM	9:36 AM		9:46 AM		9:56 AM	10:01 AM	10:16 AM	T1	Magic Cheerleading	12	

B	9:30 AM		9:40 AM		9:50 AM	10:00 AM	10:05 AM	10:20 AM	J3	Thunder / South Jersey Storm	20
A	9:34 AM	9:44 AM		9:54 AM		10:04 AM	10:09 AM	10:24 AM	T1	Rocket Elite	7
B	9:38 AM		9:48 AM		9:58 AM	10:08 AM	10:13 AM	10:28 AM	J3	Cherry Bombs / Factor Allstars	20
A	9:42 AM	9:52 AM		10:02 AM		10:12 AM	10:17 AM	10:32 AM	T1	Raindrops / South Jersey Storm	10
B	9:46 AM		9:56 AM		10:06 AM	10:16 AM	10:21 AM	10:36 AM	J3	Rocket Elite	27
A	9:50 AM	10:00 AM		10:10 AM		10:20 AM	10:25 AM	10:40 AM	T1	Jersey Pride Cheer Gym	10
B	9:54 AM		10:04 AM		10:14 AM	10:24 AM	10:29 AM	10:44 AM	J3	Jersey Pride Cheer Gym	15
A	9:58 AM	10:08 AM		10:18 AM		10:28 AM	10:33 AM	10:48 AM	M2	Sandstorm / South Jersey Storm	17
B	10:02 AM		10:12 AM		10:22 AM	10:32 AM	10:37 AM	10:52 AM	T1	Baby Stars / Premier Stars All-Star Cheerleading	13
A	10:06 AM	10:16 AM		10:26 AM		10:36 AM	10:41 AM	10:56 AM	M2	Rocket Elite	19
B	10:10 AM		10:20 AM		10:30 AM	10:40 AM	10:45 AM	11:00 AM	S3	Velocity / All-Star Cheer Academy	20
A	10:14 AM	10:24 AM		10:34 AM		10:44 AM	10:49 AM	11:04 AM	Y2	Sparkle / All-Star Cheer Academy	19
B	10:18 AM		10:28 AM		10:38 AM	10:48 AM	10:53 AM	11:08 AM	S3	NJ Heat All Stars	20
A	10:22 AM	10:32 AM		10:42 AM		10:52 AM	10:57 AM	11:12 AM	Y2	Stellar Elite All-Stars	12
B	10:26 AM		10:36 AM		10:46 AM	10:56 AM	11:01 AM	11:16 AM	S3	Jersey Lightning All-Stars	16
A	10:30 AM	10:40 AM		10:50 AM		11:00 AM	11:05 AM	11:20 AM	Y2	Satellite Black / World Cup All Stars	20
B	10:34 AM		10:44 AM		10:54 AM	11:04 AM	11:09 AM	11:24 AM	S3	Stellar Elite All-Stars	20
A	10:38 AM	10:48 AM		10:58 AM		11:08 AM	11:13 AM	11:28 AM	Y2	Fuse / Factor Allstars	14
B	10:42 AM		10:52 AM		11:02 AM	11:12 AM	11:17 AM	11:32 AM	S3	Hurricanes / South Jersey Storm	29
A	10:46 AM	10:56 AM		11:06 AM		11:16 AM	11:21 AM	11:36 AM	Y2	Ice / South Jersey Storm	32
B	10:50 AM		11:00 AM		11:10 AM	11:20 AM	11:25 AM	11:40 AM	S3	Rocket Elite	20
A	10:54 AM	11:04 AM		11:14 AM		11:24 AM	11:29 AM	11:44 AM	Y2	Tigers / Evolution All Stars	15
B	10:58 AM		11:08 AM		11:18 AM	11:28 AM	11:33 AM	11:48 AM	Y3	Magic Cheerleading	24
A							11:37 AM	11:52 AM		<b>BREAK</b>	
B	11:06 AM		11:16 AM		11:26 AM	11:36 AM	11:41 AM	11:56 AM	Y3	Jersey Pride Cheer Gym	16
A							11:45 AM	12:00 PM		<b>BREAK</b>	
B	11:14 AM		11:24 AM		11:34 AM	11:44 AM	11:49 AM	12:04 PM	S5R	Surge / South Jersey Storm	20
A	11:18 AM	11:28 AM		11:38 AM		11:48 AM	11:53 AM	12:08 PM	LJ2	Rocket Elite	26
B							11:57 AM	12:12 PM		<b>BREAK</b>	
A	11:26 AM	11:36 AM		11:46 AM		11:56 AM	12:01 PM	12:16 PM	LJ2	Eclipse / World Cup All Stars	32
B							12:05 PM	12:20 PM		<b>BREAK</b>	
A	11:34 AM	11:44 AM		11:54 AM		12:04 PM	12:09 PM	12:24 PM	SJ2	Tornadoes / South Jersey Storm	20
B	11:38 AM		11:48 AM		11:58 AM	12:08 PM	12:13 PM	12:28 PM	V	Freedom High School	26
A	11:42 AM	11:52 AM		12:02 PM		12:12 PM	12:17 PM	12:32 PM	SJ2	Jersey Lightning All-Stars	11
B	11:46 AM		11:56 AM		12:06 PM	12:16 PM	12:21 PM	12:36 PM	V	Spring-Ford High School	19
A	11:50 AM	12:00 PM		12:10 PM		12:20 PM	12:25 PM	12:40 PM	SJ2	Eruption / Factor Allstars	16
B	11:54 AM		12:04 PM		12:14 PM	12:24 PM	12:29 PM	12:44 PM	JC3	Magic Cheerleading	24
A	11:58 AM	12:08 PM		12:18 PM		12:28 PM	12:33 PM	12:48 PM	SJ2	Jersey Pride Cheer Gym	20
B	12:02 PM		12:12 PM		12:22 PM	12:32 PM	12:37 PM	12:52 PM	JC3	Pumas / Evolution All Stars	21
A	12:06 PM	12:16 PM		12:26 PM		12:36 PM	12:41 PM	12:56 PM	SJ2	Junior Stars / Premier Stars All-Star Cheerleading	19
B	12:10 PM		12:20 PM		12:30 PM	12:40 PM	12:45 PM	1:00 PM	JC3	Power / All-Star Cheer Academy	18
A							12:49 PM	1:04 PM		<b>BREAK</b>	
B							12:53 PM	1:08 PM		<b>BREAK</b>	

A	12:22 PM	12:32 PM		12:42 PM		12:52 PM	12:57 PM	1:12 PM	LS2	Typhoons / South Jersey Storm	28
B	12:26 PM		12:36 PM		12:46 PM	12:56 PM	1:01 PM	1:16 PM	S(SM)C5	Avalance / South Jersey Storm	20
A	12:30 PM	12:40 PM		12:50 PM		1:00 PM	1:05 PM	1:20 PM	LS2	Glamour / All-Star Cheer Academy	26
B	12:34 PM		12:44 PM		12:54 PM	1:04 PM	1:09 PM	1:24 PM	(SM)S5	Force / All-Star Cheer Academy	20
A	12:38 PM	12:48 PM		12:58 PM		1:08 PM	1:13 PM	1:28 PM	LS2	Satellite Gold / World Cup	29
B	12:42 PM		12:52 PM		1:02 PM	1:12 PM	1:17 PM	1:32 PM	(SM)S5	Jersey Pride Cheer Gym	20
A	12:46 PM	12:56 PM		1:06 PM		1:16 PM	1:21 PM	1:36 PM	SS2	A-Team / All-Star Cheer Academy	20
B	12:50 PM		1:00 PM		1:10 PM	1:20 PM	1:25 PM	1:40 PM	MS5	Lady Reign / South Jersey Storm	30
A	12:54 PM	1:04 PM		1:14 PM		1:24 PM	1:29 PM	1:44 PM	SS2	Wildfire / South Jersey Storm	20
B	12:58 PM		1:08 PM		1:18 PM	1:28 PM	1:33 PM	1:48 PM	IO5	Rocket Elite	21
A	1:02 PM	1:12 PM		1:22 PM		1:32 PM	1:37 PM	1:52 PM	SS2	Lynx / Evolution All Stars	10
B	1:06 PM		1:16 PM		1:26 PM	1:36 PM	1:41 PM	1:56 PM	IOC6	NJ Heat All Stars	19
A	1:10 PM	1:20 PM		1:30 PM		1:40 PM	1:45 PM	2:00 PM	SS2	Premier Stars / Premier Stars All-Star Cheerleading	12

**2:15 PM | AWARD CEREMONY**

\*\* AWARDS ARE GIVEN TO TOP THREE (maximum) IN EACH DIVISION; THESE WILL BE THE ONLY TEAMS ANNOUNCED DURING THE AWARD CEREMONY.

\*\*\* COACHES WHOS TEAM(S) DON'T RECEIVE AN AWARD CAN PICK UP SCORE SHEETS IMMEDIATELY FOLLOWING THE CEREMONY IN LOCKER ROOM #5.

\*\*\*\*The venue requests your assistance in clearing the arena area by 3 PM and the concourse by 3:30 PM for evening event preparation. THANK YOU!